

EPI Update for Friday, February 23, 2018
Center for Acute Disease Epidemiology (CADE)
Iowa Department of Public Health (IDPH)

Items for this week's EPI Update include:

- **Update: *Salmonella* outbreak linked to chicken salad**
- **Several norovirus outbreaks reported across Iowa**
- **Indiana bat exposures show public not always aware of rabies risk**
- **In the news: How exercise may help the memory grow stronger**
- **In the news: Measles cases in Europe quadrupled in 2017**
- **Infographic: How you get norovirus from people or surfaces**
- **Meeting announcements and training opportunities**

Update: *Salmonella* outbreak linked to chicken salad

IDPH continues to work with partners at the local, state and national level to investigate illnesses linked to chicken salad manufactured for and sold by Fareway. A total of 55 cases with the outbreak strain of *Salmonella* have been identified in Iowa, in addition to 10 cases combined in Illinois, Minnesota, Nebraska and Texas. A total of 28 cases reported being hospitalized due to their illness.

The product was pulled from store shelves on February 9; IDPH issued a consumer advisory on February 13; and USDA's Food Safety and Inspection Service (FSIS) issued a consumer advisory on February 14. On February 21, Triple T Specialty Meats, Inc. recalled all chicken salad produced from January 2 to February 7, 2018. The recalled chicken salad was sold in containers of various weights from the deli at Fareway stores in Iowa, Illinois, Minnesota, Nebraska and South Dakota from January 4, 2018, to February 9, 2018.

For more information regarding this outbreak, visit www.cdc.gov/salmonella/typhimurium-02-18/index.html.

Several norovirus outbreaks reported across Iowa

IDPH has investigated multiple norovirus outbreaks during the past week in settings ranging from schools and child care facilities to restaurants and family gatherings. Although outbreaks occur throughout the year, norovirus outbreaks tend to peak during winter months. Norovirus is the most common cause of infectious diarrhea and vomiting in the U.S. and worldwide.

Norovirus is extremely infectious and can be spread via direct contact with an infected individual, but also via contaminated surfaces or food. Remind patients who are ill with vomiting or diarrhea to remain home while they are ill, not prepare food for others until 48 hours after their symptoms have resolved, and wash their hands after using the restroom.

For more information about norovirus, visit www.cdc.gov/norovirus/index.html.

Indiana bat exposures show public not always aware of rabies risk

In February 2017, Indiana health officials were following up on a food sanitation complaint at a sorority house and, in talking with residents, discovered that bats were routinely seen throughout the house. Ultimately, it was determined that bats had been roosting in the house for 30 years. A large scale follow-up was conducted to ensure that those requiring post-exposure prophylaxis were identified and instructed to seek medical care.

IDPH receives requests for 400 to 500 rabies consultations from health care providers, veterinarians, local officials and members of the public each year. Bat-related rabies exposures occur in a wide variety of settings (i.e., homes, camps, cabins, schools, child care facilities and outdoors). IDPH has talked with many individuals who were unaware that bats are a rabies risk or that rabies is a severe, fatal disease that can be prevented by proper post-exposure prophylaxis.

Remind patients with exposure to bats or other wild animals to seek care for evaluation of rabies risk and the potential need for post-exposure prophylaxis. IDPH is available 24/7 to provide rabies consultation for health care providers or the public at 800-362-2736 (business hours) or 515-323-4360 (after hours).

For more information about the bat exposures in Indiana, visit www.cdc.gov/mmwr/volumes/67/wr/mm6705a4.htm?s_cid=mm6705a4_e.

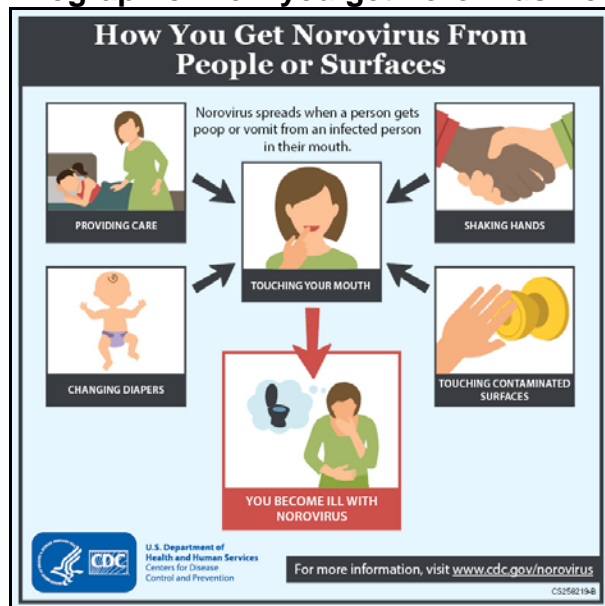
In the news: How exercise may help the memory grow stronger

www.nytimes.com/2018/02/21/well/move/how-exercise-may-help-the-memory-grow-stronger.html

In the news: Measles cases in Europe quadrupled in 2017

www.nytimes.com/2018/02/23/health/measles-europe.html

Infographic: How you get norovirus from people or surfaces



To view in full size, visit www.cdc.gov/norovirus/images/how-get-norovirus-lg.jpg.

Meeting announcements and training opportunities

Save The Date: *2018 Annual Infection Prevention and Control Conference*, May 1 and 2, Des Moines Airport Holiday Inn. Registration information and brochure coming soon!

Have a healthy and happy week!

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